



XIII

International **Forum** for the **Evaluation** of **Cardiovascular** Care

Nice, Nice Acropolis

February 9-11, **2012**



ACKNOWLEDGEMENTS

The Steering Committee express its gratitude to The Menarini Group and Recordati who have generously contributed to the success of the “XIII International Forum for the Evaluation of Cardiovascular Care”



XIII

International **Forum**
for the **Evaluation**
of **Cardiovascular** Care



European
Society of
Hypertension

Nice 2012



THE STEERING COMMITTEE

J.M. Mallion (France)

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Dear Colleagues,

it is with great pleasure that we welcome you to the “XIII International Forum for the Evaluation of Cardiovascular Care” that is held in Nice from 9 to 11 February 2012 with the endorsement of the European Society of Hypertension.

The congress is dedicated to improve the education of those physicians interested in diabetes and its consequences in arterial hypertension, cardio-renal disease and lipid disorders.

This year we are particularly interested in offering interactive sessions with the audience with more discussions and debates on topics which remain particularly unclear.

The Forum is held in the Nice Acropolis which has facilities that can optimally accommodate a large number of participants.

As done in the past editions we have made the best to offer the highest scientific and educational value and the attendance will provide credits for qualifying as Hypertension Specialist of the European Society of Hypertension.

We look forward to welcoming you to the “XIII International Forum for the Evaluation of Cardiovascular Care” in the unique French Riviera atmosphere and we wish you a pleasant stay.

The Steering Committee

J.-M. Mallion

G. Mancia

L.M. Ruilope

A. Zanchetti





CONTENTS

Programme at a glance	Pag .	6
Scientific Programme	Pag.	8
Scientific Information	Pag.	14
General Information	Pag.	16
Local Information	Pag.	19
List of Hotel	Pag.	22



PROGRAMME AT A GLANCE



Thursday, February 9th

08.45	Opening
09.00 - 11.00	Session 1 Hypertension and concomitant diseases 
11.00 - 11.30	Coffee break
11.30 - 13.00	Session 2 A rational targeting more than optimal blood pressure control: ACE inhibitors in antihypertensive therapy (supported by an unrestricted educational grant of The Menarini Group)
13.00 - 14.30	Lunch
14.30 - 16.30	Session 3 Hypertension, metabolic syndrome and cardiovascular risk prevention (supported by an unrestricted educational grant of Recordati)
16.30 - 17.00	Coffee break
17.00 - 18.30	Session 4 Ambulatory blood pressure and blood pressure variability 
18.30	Welcome reception




PROGRAMME AT A GLANCE

Friday, February 10th

08.30 - 10.30	Session 5 Renal disease and obesity as targets of treatment 
10.30 - 11.00	Coffee break
11.00 - 13.00	Session 6 Improving hypertension therapy: ARB-based solutions (supported by an unrestricted educational grant of The Menarini Group)
13.00 - 14.30	Lunch
13.00-14.30	Turkish luncheon round table on hypertension
14.30- 16.00	Session 7 A new paradigm in the treatment of ischaemic heart disease (supported by an unrestricted educational grant of The Menarini Group)
16.00 - 16.30	Coffee break
16.30 - 18.00	Session 8 Assessment of organ damage in hypertension 

Saturday, February 11th

08.30 - 10.30	Session 9 The role of a new statin in the management of dyslipidemia (supported by an unrestricted educational grant of Recordati)
10.30 - 11.00	Coffee break
11.00 - 12.30	Session 10 Cardiovascular disease: therapeutic approach for a dual control of hypertension (supported by an unrestricted educational grant of The Menarini Group)
12.30 - 13.30	Session 11 Open issue on stroke treatment and prevention 
13.30	Closing remarks



THURSDAY FEBRUARY 9th

Plenary Hall - Level 3

8.45

Opening

J.-M. Mallion (Grenoble, France) - G. Mancia (Milan, Italy)

SESSION 1

HYPERTENSION AND CONCOMITANT DISEASES



Chairpersons : A. Coca (Barcelona, Spain) - G. Mancia (Milan, Italy)

9.00

Inflammation, uric acid and hypertension

A. So (Lausanne, Switzerland)

9.30

Antihypertensive agents and cancer

P. Sleight (Oxford, UK)

10.00

Hypertension and sexual dysfunction

A.J. Manolis (Athens, Greece)

10.30

Hypertension treatment at very old age

C. Bulpitt (London, UK)

11.00-11.30 Coffee break

SESSION 2

A RATIONAL TARGETING MORE THAN OPTIMAL BLOOD PRESSURE CONTROL: ACE INHIBITORS IN ANTIHYPERTENSIVE THERAPY

(interactive session supported by an unrestricted educational grant of The Menarini Group)

Chairperson : A. Zanchetti (Milan, Italy)

11.30

Introduction

A. Zanchetti (Milan, Italy)

11.35

Cardioprotection with ACE inhibitors : a predictive step in antihypertensive therapy

C. Borghi (Bologna, Italy)

12.00

Workshop on use of ACE inhibitors according to the current guidelines on management of hypertension

D. Vinereanu (Bucharest, Romania)

12.25

Interactive clinical case presentation

with the active participation of the audience by televoter

C. Ferri (L'Aquila, Italy)

12.55

Concluding remarks

A. Zanchetti (Milan, Italy)

13.00-14.30 Lunch



THURSDAY FEBRUARY 9th

SESSION 3

HYPERTENSION, METABOLIC SYNDROME AND CARDIOVASCULAR RISK PREVENTION

(supported by an unrestricted educational grant of Recordati)

Chairpersons : L.M. Ruilope (Madrid, Spain) - A. Zanchetti (Milan, Italy)

- 14.30 **Opening remarks**
A. Zanchetti (Milan, Italy)
- 14.40 **Global evaluation of the cardiovascular patient**
C. Aguiar (Lisbon, Portugal)
- 15.00 **Synergistic effects of two selected anti-hypertensives in fixed-combination**
E. Agabiti Rosei (Brescia, Italy)
- 15.20 **Hypertension, cognitive dysfunction and dementia: new perspective and evidence**
A. Coca (Barcelona, Spain)
- 15.40 **Integrated approach to the diabetic patient**
A.J. Manolis (Athens, Greece)
- 16.00 **What does it mean to treat with anti-hypertensives and a statin?**
G. Mancia (Milan, Italy)
- 16.20 **Closing remarks**
L.M. Ruilope (Madrid, Spain)

16.30-17.00 Coffee break

SESSION 4

AMBULATORY BLOOD PRESSURE AND BLOOD PRESSURE VARIABILITY

Chairpersons : L. Ruilope (Madrid, Spain) - P. Sleight (Oxford, UK)

- 17.00 **Blood pressure variability : what measures and what meanings?**
G. Mancia (Milan, Italy)
- 17.30 **New ESH guidelines on ambulatory blood pressure monitoring: what to expect**
G. Parati (Milan, Italy)
- 18.00 **Home blood pressure: challenges**
J.-M. Mallion (Grenoble, France)
- 18.30 **Welcome reception**





FRIDAY FEBRUARY 10th

Plenary Hall - Level 3

SESSION 5

RENAL DISEASE AND OBESITY AS TARGETS OF TREATMENT

Chairpersons : M. Burnier (Lausanne, Switzerland) - J.L. Rodicio (Madrid, Spain)

8.30 **Debate on microalbuminuria: benefits from treatment?**

Always: H. Haller (Hannover, Germany)

Sometimes: J. Segura (Madrid, Spain)

9.15 **Debate: lower blood pressure targets for renal disease?**

Yes: M. Burnier (Lausanne, Switzerland)

No: L.M. Ruilope (Madrid, Spain)

10.00 **Weight loss, metabolic disturbances and hypertension: diet versus surgery**

G. Grassi (Milan, Italy)

10.30-11.00 Coffee break

SESSION 6

IMPROVING HYPERTENSION THERAPY: ARB-BASED SOLUTIONS

(supported by an unrestricted educational grant of The Menarini Group)

Chairpersons : H. Haller (Hannover, Germany) - L.M. Ruilope (Madrid, Spain)

11.00 **Introduction**

L.M. Ruilope (Madrid, Spain)

11.10 **The role of guidelines in hypertension therapy**

G. Mancia (Milan, Italy)

11.35 **Monotherapy: the importance of evidence**

M. Burnier (Lausanne, Switzerland)

12.00 **The additional strength of adding HCTZ**

L.C. Rump (Freiburg, Germany)

12.20 **Additional options when further blood pressure lowering is required**

M. Volpe (Rome, Italy)

12.40 **Additional benefits beyond blood pressure reduction**

L.M. Ruilope (Madrid, Spain)

12.55 **Conclusions**

H. Haller (Hannover, Germany)

13.00-14.30 Lunch



FRIDAY FEBRUARY 10th

Gallieni 1 Hall - Level 2

13.00-14.30 **TURKISH LUNCHEON ROUND TABLE ON HYPERTENSION**

Chairman: N. Koylan (Istanbul, Turkey)

Speakers: O.T. Aksoy (Elazig, Turkey), E. Avci (Bursa, Turkey),
M.A. Calisal (Duzce, Turkey), H.S. Cetinkaya (Istanbul, Turkey),
T. Dasli (Istanbul, Turkey), F. Gundogan (Konya, Turkey),
Y. Kala (Izmir, Turkey), A. Karagoz (Giresun, Turkey),
M. Karakurt (Samsun, Turkey), O. Kayapinar (Ankara, Turkey),
Z. Kocaman (Mersin, Turkey), I. Ozer (Ismir, Turkey),
N. Yildirim (Kirikkale, Turkey), H. Yucel (Tekirdag, Turkey),
Z. Zengin (Istanbul, Turkey)

Athena Auditorium - Level 2

SESSION 7

A NEW PARADIGM IN THE TREATMENT OF ISCHAEMIC HEART DISEASE

(supported by an unrestricted educational grant of The Menarini Group)

Chairpersons: A.J. Manolis (Athens, Greece) - P. Sleight (Oxford, UK)

14.30 **Welcome & introduction**

P. Sleight (Oxford, UK)

14.35 **Chronic stable angina: what is changing over the years?**

A. Coats (London, UK)

14.55 **Discussion**

15.00 **The late sodium current: an innovative approach in the ischaemic heart disease treatment**

J. Tamargo (Madrid, Spain)

15.20 **Discussion**

15.25 **A novel treatment for different ischaemic patient profiles with the same lowest common denominator**

M. Galderisi (Naples, Italy)

15.45 **Discussion**

15.50 **Conclusions & summary**

A.J. Manolis (Athens, Greece)

16.00-16.30 **Coffee break**



FRIDAY FEBRUARY 10th

Plenary Hall - Level 3

SESSION 8

ASSESSMENT OF ORGAN DAMAGE IN HYPERTENSION

Chairpersons : G. Grassi (Milan, Italy) - G. Parati (Milan, Italy)

- 16.30 **How to diagnose coronary ischaemia in hypertension**
M. Volpe (Rome, Italy)
- 17.00 **Trends of stroke mortality in Europe**
J. Redon (Valencia, Spain)
- 17.30 **Is the Ambulatory Arterial Stiffness Index a real measure of arterial rigidity?**
G. Parati (Milan, Italy)



SATURDAY FEBRUARY 11th

Plenary Hall - Level 3

SESSION 9

THE ROLE OF A NEW STATIN IN THE MANAGEMENT OF DYSLIPIDEMIA

(interactive session supported by an unrestricted educational grant of Recordati)

Chairpersons : M.J. Chapman (Paris, France) - S. Erdine (Istanbul, Turkey)

8.30 **New EAS-ESC guideline for the management of dyslipidemia**
A. Catapano (Milan, Italy)

8.50 **1st Clinical Case - Hypertension**
A. Albuquerque (Oporto, Portugal)

9.10 **2nd Clinical Case - CHD**
J.L. Zamorano (Madrid, Spain)

9.30 **3rd Clinical Case - Diabetes and metabolic syndrome**
M. Arca (Rome Italy)

9.50 **4th Clinical Case - Polymedicated patient**
M. Farnier (Dijon, France)

10.10 **New global approach for different patient profiles**
M.J. Chapman (Paris, France)

10.30-11.00 **Coffee Break**

SESSION 10

CARDIOVASCULAR DISEASE: THERAPEUTIC APPROACH FOR A DUAL CONTROL OF HYPERTENSION

(supported by an unrestricted educational grant of The Menarini Group)

Chairpersons : J.-M. Mallion (Grenoble, France) - J. Redon (Valencia, Spain)

11.00 **Introduction**
J. Redon (Valencia, Spain)

11.05 **Vasodilator beta-blockers: overview of different scientific profiles**
A. Zanchetti (Milan, Italy)

11.25 **ESH-ESC guidelines: focus on vasodilator beta-blockers**
S. Erdine (Istanbul, Turkey)

11.40 **Interactive consensus**

11.55 **SENIORS and coronary artery disease: new evidence**
A. Coats (London, UK)

12.10 **Interactive consensus**

12.25 **Closing remarks**
J.-M. Mallion (Grenoble, France)



SATURDAY FEBRUARY 11th

SESSION 11

OPEN ISSUES ON STROKE TREATMENT AND PREVENTION



Chairpersons : G. Mancia (Milan, Italy) - J. Redon (Valencia, Spain)

- 12.30 **Blood pressure lowering in acute stroke**
E.C. Sandset (Oslo, Norway)
- 13.00 **Prevention of stroke recurrence: what blood pressure
and what LDC-cholesterol targets? The ESH-CHL SHOT trial**
A. Zanchetti (Milan, Italy)
- 13.30 **Closing remarks**
G. Mancia (Milan, Italy)



SCIENTIFIC INFORMATION

Language

The official language of the Congress is English. Simultaneous translation is not provided.

Credits

The XIII International Forum for the Evaluation of Cardiovascular Care applied for EBAC and UEMS Credits.



EBAC

The “**XIII International Forum for the Evaluation of Cardiovascular Care**” is accredited by the European Board for Accreditation in Cardiology (EBAC) for 7 Hours of External CME Credits. Sessions accredited are highlighted with EBAC logo. Each participants should claim only those hours of credit that have actually been spent in the educational activity. EBAC works according to the quality of standards of the European Accreditation Council for Continuing Medical Education (EACCME), which is an institution of the European Union of Medical Specialists (UEMS).

In compliance with EBAC/EACCME guidelines, all speakers/chairpersons participating in this programme have disclosed potential conflicts of interest that might cause a bias in the presentations. The Organising Committee is responsible for ensuring that all potential conflicts of interest relevant to the programme are declared to the audience prior to CME activities.



UEMS Credits (Europe)

The European Accreditation Council for CME is an official body of the European Association of Medical Specialists (UEMS) being established by the UEMS Management Council. The “XIII International Forum for the Evaluation of Cardiovascular Care” was granted with **14 European CME credits (ECMEC)** by the European Accreditation Council for Continuing Medical Education (EACCME). These credits are valid for all European Community Countries and are recognized by the American Medical Association toward the Physician's Recognition Award (AMA) for Canada and North American Countries.

Access Control

At the moment of the registration each participant receives the badge which must be worn throughout all the Congress. In each badge is reported a barcode which must be scanned by proper badge readers, placed at the entrance of the congress area, at every passage.



SCIENTIFIC INFORMATION

In order to obtain credits, participants are also requested to:

- Attend all the sessions of the congress
- be sure to have all the passages registered

Without these conditions credits will not be assigned. Participants without badges are not allowed to enter in the Congress area.

Audiovisual instructions

The slides preview room is located **in Polymnie B** in the Les Muses foyer on level 3. The preview room is fully equipped for slides and computer reviews. Qualified personnel is available for receiving the slides/files which will be checked before being forwarded by LAN network in the Plenary Hall. Speakers are kindly requested to hand in their slides to the slide preview room 2 hours before the beginning of their session at the latest. Slides for early morning sessions must be handed in on the previous day.

In the slide preview room is also possible to carry out some last-minute work on the presentations and/or make modifications.

Slide Preview room - Opening hours

Thursday, February 9:	7:30 - 19:00
Friday, February 10:	7:30 - 18:30
Saturday, February 11:	7:30 - 13:30

The following mass storage devices are accepted:

- CDROM / DVDROM
- USB memory stick
- Laptop

WARNING

No presentation can be directly downloaded in the Plenary Hall

Programme changes

The Scientific Committee reserves the right to change the programme at any time.



GENERAL INFORMATION

Congress venue

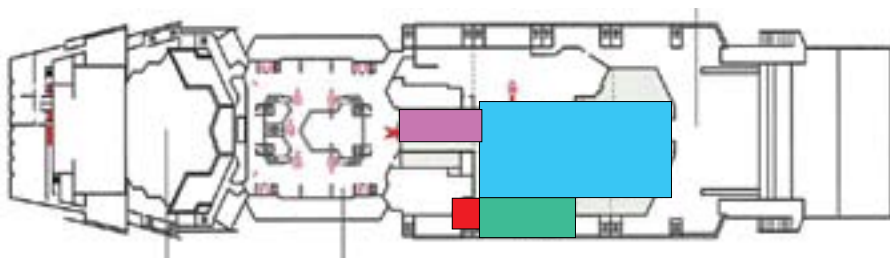
The Nice Acropolis is the largest Congress Center of the French Riviera.

Nice Acropolis

Esplanade Kennedy - BP4083 - 06302 Nice cedex 4 - France

www.nice-acropolis.com

LES MUSES SPACE LEVEL 3



 Plenary Hall

 Slide Preview Room

 Exhibition and Catering Area

 Secretariat desks

Session 7 “A new paradigm in the treatment of ischaemic heart disease” will be held in Athena Auditorium at Level 2.

“Turkish luncheon round table on hypertension” will be held in Gallieni 1 Hall at Level 2.

Registrations desks

The registration desks will open on Thursday February 9 at 7.30 to allow participants arriving on that day in Nice to collect their bags and personalised badge.

Desks are open as follow:

Thursday February 9 07.30 - 19.00

Friday February 10 07.30 - 18.30

Saturday February 11 07.30 - 13.30

On site registration

Delegates who have not pre-registered for the congress will be able to register onsite.

On site registration fee is € 660,00 (Local french VAT 19,6% included) and the payment is possible by cash or by credit card (Mastercard and VISA).



GENERAL INFORMATION

Registration for delegates includes:

- Admission to the scientific sessions and exhibition area
- Welcome cocktail
- Congress kit with scientific material
- Certificate of attendance
- Coffee breaks and buffet lunches

Name changes

Name changes on site are charged a handling fee of € 100,000 + 19,6% local French VAT.

Badge

Badge are issued according to the following colour code:

Blue - Faculty

Transparent - Delegates

Yellow - Exhibitors

Certificate of attendance

The certificate of attendance will be given at the Secretariat desks to all registered participants on February 11 at the end of the Congress.

Coffee breaks and buffet lunches

During the Congress sessions, coffee breaks and buffet lunches are served in the catering area to all registered participants wearing congress badges. Coffee breaks and lunches are included in the registration fees.

Accompanying persons are not allowed to enter in the Congress area.

Cloakroom

The cloakroom is located at the entrance of the congress area in front of the secretariat desks. Cloakroom is free of charge.

Currency

Banks and post offices are the most reliable places to change travellers' cheques and generally offer the best rates. Credit cards are widely accepted in France and the exchange rate is usually better than for cash or travellers cheques. It is advisable to find out what the commission is before proceeding with the transaction.

Climate and Clothing

Nice has a Mediterranean climate: the city enjoys mild temperatures most of the year; rainfall is very moderate and mainly concentrated during autumn and winter (September to March). At the beginning of February, temperatures range between 8°C and 16°C .



LOCAL INFORMATION

About Nice

It is worth taking the time to discover Nice in depth: wander through the narrow streets of the old town and stroll along the famous “Promenade” before entering in to the heart of the city with its rich architectural, cultural heritage, and its parks and gardens.

In addition to 150 ornamental lakes and fountains, Nice has a total of 19 museums and galleries, 32 classified historical monuments, 300 ha of parks and gardens, and woodland and green areas. The superb sea-front boulevard, always decked with flowers follows the curve of the “Baie des Anges”. Originally a path just two metres wide, it was an Englishman, Reverend Lewis Way, who had it built at his own expense in 1820. The locals immediately named it the “Chemin des Anglais”. In its final form, two lanes of traffic separated by flower-beds and palm trees, the “Prom” was inaugurated in 1931 by the Duke of Connaught (son of Queen Victoria). Continue to the Place Masséna, the heart of the city. On the northern side, elegant buildings in a rich red colour, and to the East, a view of the Tuscan style hillsides. Whilst wandering through the old town, take a look at the “ogival arches” and its shops dating back to medieval times. They have been carefully restored, especially in the Rue du Pont Vieux and Rue de la Préfecture. You can also see many examples of stone lintels on the facades of private houses. Do not miss to climb on the Castle Hill: only a few sections of wall remain of the ancient castle, but from this flower-filled park up on the hill there is a unique view of Nice and the surrounding area: an artificial waterfall, and the ruins of the former cathedral dating back to the 11th century.

Communication

For international calls to France, dial the international code +33 and the correspondent's number (without the 0).

Credit cards / Cash machines

Credit cards are widely accepted in Nice by numerous hotels, restaurants, shops and petrol stations. The accepted credit cards are indicated by their logos displayed at the entrance door. Cash machines are easily available in most areas.

Electricity

France has 230-volt AC, 50Hz current. Visitors will need an adaptor for electric appliances.



LOCAL INFORMATION

Language

French is the official language in Nice. English and Italian are common in hotels and tourist places.

Shops

Most shops are open from 09:00 to 19:00.

In addition to the **Old Nice Quarter**, a place where a visit to the the small regional stores is mandatory, **Rue Jean Médecin** also has a good many boutiques of all kinds. Halfway down the road, one comes across the large : «Nice Etoile» shopping centre. Near Place Masséna, running at right angles to Rue Jean Médecin, there is a pedestrian precinct: **Rue de France** has several shops and some restaurants. Other “musts” to visit are the “Marché aux Fleurs” (flower market) and the **Cours Saleya** fruit, vegetable and fish market.

Public transportation

Nice inaugurated the first line of its tramway (T1) in 2007. The line runs for 8.7 km and stretches from the northern tip of Nice, Nice-Nord (Boulevard Comte de Falicon) near the Ray Stadium and the A8 motorway, all the way to Pont Michel in the Saint Roch neighborhood (www.tramway-nice.org). The Nice train station is located in the heart of the city (www.sncf.fr). Bus service is also an excellent way to get around Nice. The network is extensive and serves the entire city (www.lignedazur.com).

Taxis

- Central Taxi Riviera Tel. : +33(0)4 93 13 78 78
- Taxis Niçois Indépendants Tel. : +33(0)4 93 88 25 82

Switchboard 24 hours a day, 7 days a week. Night rate from 7pm to 7am.

Time

France follows Central European Time (CET) which is one hour ahead of Greenwich Mean Time (GMT) and six hours ahead of Eastern Standard Time (EST).

Tipping

Service is normally included in restaurant, hotel and taxi bills. It is common, however, to round up the bill.



LOCAL INFORMATION

Useful Numbers

Police: 112 (from a mobile phone)

Main Police Station (Foreign Tourist reception): +33 04 92172063

Medical Care: 15

Fire Service: 18

Hopital St. Roch: +33 04 92033375

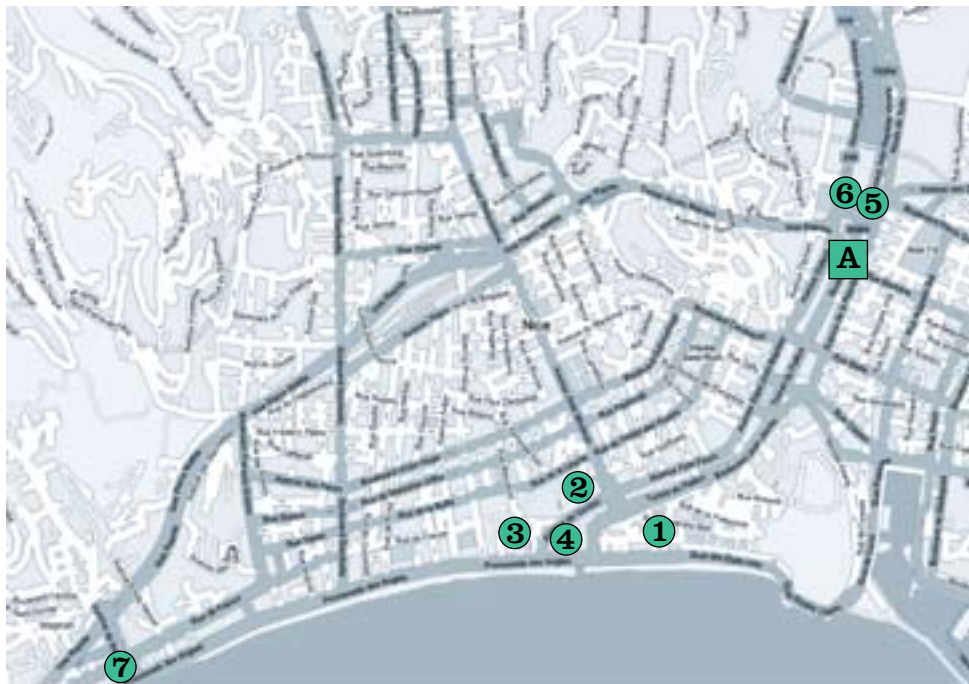
Night Chemist: +33 04 93877894 - +33 04 93625444

Lost and Found: +33 04 97134410

Aéroport Nice Côte d'Azur: 0 820 423 333



MAP OF NICE



A	NICE ACROPOLIS - Congress Venue		
NUMBER	HOTEL	CAT.	ADDRESS
1	BEAU RIVAGE	4****	24, Rue Saint François de Paule
2	BOSCOLO PLAZA	4****	12, Avenue de Verdun
3	MERCURE PROMENADE	4 ****	2, Rue Halevy
4	MERIDIEN NICE	4****	1, Promenade des Anglais
5	NH NICE	4****	2-4, Parvis de l'Europe
6	NOVOTEL NICE CENTRE	4****	8/10, Parvis de l'Europe
7	RADISSON BLU	4****	223, Promenade des Anglais



In the cardiovascular area

ZANIDIP

lercanidipine



ZanipRESS

lercanidipine-enalapril



Livazo

pitavastatin

